

Booking Form

Name:

Age: D.O.B

Address: STD

Contact Tel No.:

Email:

By enrolling with Bangor Tennis Academy you will develop new skills while having a great time. Tennis raises confidence both as an individual and as a member of a team and provides exercise in a healthy and safe environment.

Pay & Play!

Members: £10.50 per person inc breakfast

*Non-Members £15.00 / per person inc breakfast
(non-members cannot use club or courts outside of coaching sessions
and are unable to attend Junior Club on Sunday)*

**Please return booking form and fee to Bangor Tennis Academy,
Bangor Tennis Club, Farnham Park, Bangor BT20 3SR**
(off Farnham Road, which is off the Bryansburn Road, Bangor West)

Tel: 02891 470918



Bangor Tennis Academy
in association with
Bangor Tennis Club

Summer Tennis Coaching 2009

Breakfast Tennis

courses starts

09/06/09

Please visit www.bangortennis.com for more information on further courses available.

www.bangortennis.com / Tel: Tim on 07542 920293

fit for life!

Coaching Timetable

Day	Sat	Sun	Mon	Tues	Wed	Thur	Fri
Age							
Any!				9.30 – 10.30		9.30 – 10.30	

Breakfast Tennis



Breakfast tennis is a great way to start the day!

A good bit of exercise, loads of fun and the development of a new skill, all topped off with a hearty breakfast!

Welcome to Bangor Tennis Academy

Directed by

Tim Blomley

Coaches	Credentials
Timothy Blomley Director of Coaching	<ul style="list-style-type: none"> •Represented Ireland at Senior Level. •Represented Ulster at Senior Level. •LTA Level 2 Coach. •Tennis Ireland Level 1 Coach. •Over 24 years coaching experience. •Professional Racquet Stringer. •Played against greats such as Jimmy Connors and Goran Ivanisevic.
Anthony Sinclair Performance Coach	<ul style="list-style-type: none"> •Top 4 in Ireland from the age of 12-18. •Runner up at the Irish Indoors Championships U18 in 2001. •Represented Ulster at both Junior and Senior levels. •Represented Great Britain for the Deaf at Senior level since 1999. •Silver medallist at the Deaflympics held in Melbourne in 2005; this represented the best British performance in over 50 years. •BSc (Honours) Sport Science with Coaching at Sheffield Hallam Uni. •LTA DCA Level 3 Coach.
Michael Heaslip	<ul style="list-style-type: none"> •PTR Qualified Coach – Instructor Grade. •3 years coaching experience
Lisa Wallace	
Matthew Hobson	
Michael Lyons	